

Int. Ströck ATUS Graz Trophy 2016 powered by HEAD SWIMMING

08.04.-10.04.2016

Continue Event 1 - 50m Backstroke Women Preliminary

open class

23. Grabowski, Lena	2002	AUT	SU Neusiedl	00:32,49	+03.13	577
RT +0.88						

Year of birth 2002/2003

3. Grabowski, Lena	2002	AUT	SU Neusiedl	00:32,49	+01.24	577
RT +0.88						

Continue Event 3 - 100m Breaststroke Women Preliminary

open class

38. Grabowski, Julia	2004	AUT	SU Neusiedl	01:27,67	+16.81	397
RT +0.92 50m: 00:42,59, 100m: 01:27,67 (00:45,08)						

Year of birth 2004-2007

2. Grabowski, Julia	2004	AUT	SU Neusiedl	01:27,67	+08.68	397
RT +0.92 50m: 00:42,59, 100m: 01:27,67 (00:45,08)						

Continue Event 9 - 200m Backstroke Women Preliminary

open class

8. Grabowski, Lena	2002	AUT	SU Neusiedl	02:28,02	Q +06.58	599
RT +0.80 50m: 00:34,01, 100m: 01:10,92 (00:36,91), 150m: 01:49,84 (00:38,92), 200m: 02:28,02 (00:38,18)						

Year of birth 2002/2003

1. Grabowski, Lena	2002	AUT	SU Neusiedl	02:28,02	Q	599
RT +0.80 50m: 00:34,01, 100m: 01:10,92 (00:36,91), 150m: 01:49,84 (00:38,92), 200m: 02:28,02 (00:38,18)						

Continue Event 13 - 800m Freestyle Women

open class

Grabowski, Lena	2002	AUT	SU Neusiedl	09:52,72	+27.68	579
RT +0.85 50m: 00:34,41, 100m: 01:12,39 (00:37,98), 150m: 01:48,77 (00:36,38), 200m: 02:25,83 (00:37,06)						
250m: 03:02,98 (00:37,15), 300m: 03:39,74 (00:36,76), 350m: 04:16,38 (00:36,64), 400m: 04:53,37 (00:36,99)						
450m: 05:30,59 (00:37,22), 500m: 06:07,92 (00:37,33), 550m: 06:45,54 (00:37,62), 600m: 07:23,19 (00:37,65)						
650m: 08:00,57 (00:37,38), 700m: 08:38,58 (00:38,01), 750m: 09:16,08 (00:37,50), 800m: 09:52,72 (00:36,64)						

Grabowski, Julia	2004	AUT	SU Neusiedl	11:10,88	+01:45.84	399
RT +0.90 50m: 00:37,07, 100m: 01:18,36 (00:41,29), 150m: 02:00,22 (00:41,86), 200m: 02:43,08 (00:42,86)						
250m: 03:26,44 (00:43,36), 300m: 04:09,56 (00:43,12), 350m: 04:53,71 (00:44,15), 400m: 05:36,75 (00:43,04)						
450m: 06:19,33 (00:42,58), 500m: 07:01,48 (00:42,15), 550m: 07:45,10 (00:43,62), 600m: 08:27,51 (00:42,41)						
650m: 09:10,83 (00:43,32), 700m: 09:53,25 (00:42,42), 750m: 10:34,58 (00:41,33), 800m: 11:10,88 (00:36,30)						

Year of birth 2002/2003

Grabowski, Lena	2002	AUT	SU Neusiedl	09:52,72		579
RT +0.85 50m: 00:34,41, 100m: 01:12,39 (00:37,98), 150m: 01:48,77 (00:36,38), 200m: 02:25,83 (00:37,06)						
250m: 03:02,98 (00:37,15), 300m: 03:39,74 (00:36,76), 350m: 04:16,38 (00:36,64), 400m: 04:53,37 (00:36,99)						
450m: 05:30,59 (00:37,22), 500m: 06:07,92 (00:37,33), 550m: 06:45,54 (00:37,62), 600m: 07:23,19 (00:37,65)						
650m: 08:00,57 (00:37,38), 700m: 08:38,58 (00:38,01), 750m: 09:16,08 (00:37,50), 800m: 09:52,72 (00:36,64)						

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Continue Event 13 - 800m Freestyle Women

Year of birth 2004-2007

Grabowski, Julia	2004	AUT	SU Neusiedl	11:10,88	+01:28.08	399
RT +0.90 50m: 00:37,07, 100m: 01:18,36 (00:41,29), 150m: 02:00,22 (00:41,86), 200m: 02:43,08 (00:42,86)						
250m: 03:26,44 (00:43,36), 300m: 04:09,56 (00:43,12), 350m: 04:53,71 (00:44,15), 400m: 05:36,75 (00:43,04)						
450m: 06:19,33 (00:42,58), 500m: 07:01,48 (00:42,15), 550m: 07:45,10 (00:43,62), 600m: 08:27,51 (00:42,41)						
650m: 09:10,83 (00:43,32), 700m: 09:53,25 (00:42,42), 750m: 10:34,58 (00:41,33), 800m: 11:10,88 (00:36,30)						

--- 2. Session ---

Continue Event 9 - 200m Backstroke Women A-Final

open class

10. Grabowski, Lena	2002	AUT	SU Neusiedl	02:27,98	+08.92	599
RT +0.85 50m: 00:35,14, 100m: 01:12,00 (00:36,86), 150m: 01:50,62 (00:38,62), 200m: 02:27,98 (00:37,36)						

Continue Event 13 - 800m Freestyle Women

open class

19. Grabowski, Lena	2002	AUT	SU Neusiedl	09:52,72	+01:05.10	579
RT +0.85 50m: 00:34,41, 100m: 01:12,39 (00:37,98), 150m: 01:48,77 (00:36,38), 200m: 02:25,83 (00:37,06)						
250m: 03:02,98 (00:37,15), 300m: 03:39,74 (00:36,76), 350m: 04:16,38 (00:36,64), 400m: 04:53,37 (00:36,99)						
450m: 05:30,59 (00:37,22), 500m: 06:07,92 (00:37,33), 550m: 06:45,54 (00:37,62), 600m: 07:23,19 (00:37,65)						
650m: 08:00,57 (00:37,38), 700m: 08:38,58 (00:38,01), 750m: 09:16,08 (00:37,50), 800m: 09:52,72 (00:36,64)						
27. Grabowski, Julia	2004	AUT	SU Neusiedl	11:10,88	+02:23.26	399
RT +0.90 50m: 00:37,07, 100m: 01:18,36 (00:41,29), 150m: 02:00,22 (00:41,86), 200m: 02:43,08 (00:42,86)						
250m: 03:26,44 (00:43,36), 300m: 04:09,56 (00:43,12), 350m: 04:53,71 (00:44,15), 400m: 05:36,75 (00:43,04)						
450m: 06:19,33 (00:42,58), 500m: 07:01,48 (00:42,15), 550m: 07:45,10 (00:43,62), 600m: 08:27,51 (00:42,41)						
650m: 09:10,83 (00:43,32), 700m: 09:53,25 (00:42,42), 750m: 10:34,58 (00:41,33), 800m: 11:10,88 (00:36,30)						

Year of birth 2002/2003

1. Grabowski, Lena	2002	AUT	SU Neusiedl	09:52,72		579
RT +0.85 50m: 00:34,41, 100m: 01:12,39 (00:37,98), 150m: 01:48,77 (00:36,38), 200m: 02:25,83 (00:37,06)						
250m: 03:02,98 (00:37,15), 300m: 03:39,74 (00:36,76), 350m: 04:16,38 (00:36,64), 400m: 04:53,37 (00:36,99)						
450m: 05:30,59 (00:37,22), 500m: 06:07,92 (00:37,33), 550m: 06:45,54 (00:37,62), 600m: 07:23,19 (00:37,65)						
650m: 08:00,57 (00:37,38), 700m: 08:38,58 (00:38,01), 750m: 09:16,08 (00:37,50), 800m: 09:52,72 (00:36,64)						

Year of birth 2004-2007

2. Grabowski, Julia	2004	AUT	SU Neusiedl	11:10,88	+01:28.08	399
RT +0.90 50m: 00:37,07, 100m: 01:18,36 (00:41,29), 150m: 02:00,22 (00:41,86), 200m: 02:43,08 (00:42,86)						
250m: 03:26,44 (00:43,36), 300m: 04:09,56 (00:43,12), 350m: 04:53,71 (00:44,15), 400m: 05:36,75 (00:43,04)						
450m: 06:19,33 (00:42,58), 500m: 07:01,48 (00:42,15), 550m: 07:45,10 (00:43,62), 600m: 08:27,51 (00:42,41)						
650m: 09:10,83 (00:43,32), 700m: 09:53,25 (00:42,42), 750m: 10:34,58 (00:41,33), 800m: 11:10,88 (00:36,30)						

--- 3. Session ---



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Continue Event 17 - 50m Freestyle Women Preliminary

open class

76.	Grabowski, Lena	2002	AUT	SU Neusiedl	00:30,29	+03.54	480
	RT +0.74						

Year of birth 2002/2003

11.	Grabowski, Lena	2002	AUT	SU Neusiedl	00:30,29	+02.51	480
	RT +0.74						

Continue Event 19 - 200m Breaststroke Women Preliminary

open class

34.	Grabowski, Julia	2004	AUT	SU Neusiedl	03:07,42	+33.31	417
	RT +0.91 50m: 00:43,03, 100m: 01:31,58 (00:48,55), 150m: 02:20,58 (00:49,00), 200m: 03:07,42 (00:46,84)						

Year of birth 2004-2007

2.	Grabowski, Julia	2004	AUT	SU Neusiedl	03:07,42	+10.45	417
	RT +0.91 50m: 00:43,03, 100m: 01:31,58 (00:48,55), 150m: 02:20,58 (00:49,00), 200m: 03:07,42 (00:46,84)						

Continue Event 21 - 100m Backstroke Women Preliminary

open class

19.	Grabowski, Lena	2002	AUT	SU Neusiedl	01:09,98	q +08.20	572
	RT +0.90 50m: 00:34,16, 100m: 01:09,98 (00:35,82)						

Year of birth 2002/2003

2.	Grabowski, Lena	2002	AUT	SU Neusiedl	01:09,98	q +00.99	572
	RT +0.90 50m: 00:34,16, 100m: 01:09,98 (00:35,82)						

Continue Event 25 - 400m Freestyle Women Preliminary

open class

29.	Grabowski, Lena	2002	AUT	SU Neusiedl	04:47,73	+24.40	574
	RT +0.84 50m: 00:34,16, 100m: 01:09,14 (00:34,98), 150m: 01:45,05 (00:35,91), 200m: 02:21,38 (00:36,33) 250m: 02:58,07 (00:36,69), 300m: 03:34,95 (00:36,88), 350m: 04:11,99 (00:37,04), 400m: 04:47,73 (00:35,74)						

Year of birth 2002/2003

4.	Grabowski, Lena	2002	AUT	SU Neusiedl	04:47,73	+13.07	574
	RT +0.84 50m: 00:34,16, 100m: 01:09,14 (00:34,98), 150m: 01:45,05 (00:35,91), 200m: 02:21,38 (00:36,33) 250m: 02:58,07 (00:36,69), 300m: 03:34,95 (00:36,88), 350m: 04:11,99 (00:37,04), 400m: 04:47,73 (00:35,74)						

--- 4. Session ---

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Continue Event 21 - 100m Backstroke Women B-Final

open class

19. Grabowski, Lena	2002	AUT	SU Neusiedl	01:10,88	+04.74	551
RT +0.84 50m: 00:34,82, 100m: 01:10,88 (00:36,06)						

--- 5. Session ---

Continue Event 29 - 50m Breaststroke Women Preliminary

open class

42. Grabowski, Julia	2004	AUT	SU Neusiedl	00:40,92	+09.09	386
RT +0.91						

Year of birth 2004-2007

2. Grabowski, Julia	2004	AUT	SU Neusiedl	00:40,92	+05.27	386
RT +0.91						

Continue Event 35 - 200m Ind. Medley Women Preliminary

open class

29. Grabowski, Lena	2002	AUT	SU Neusiedl	02:33,99	+19.30	549
RT +0.73 50m: 00:34,33, 100m: 01:11,23 (00:36,90), 150m: 01:57,96 (00:46,73), 200m: 02:33,99 (00:36,03)						
57. Grabowski, Julia	2004	AUT	SU Neusiedl	02:51,64	+36.95	397
RT +0.83 50m: 00:37,42, 100m: 01:25,38 (00:47,96), 150m: 02:12,95 (00:47,57), 200m: 02:51,64 (00:38,69)						

Year of birth 2002/2003

5. Grabowski, Lena	2002	AUT	SU Neusiedl	02:33,99	+07.18	549
RT +0.73 50m: 00:34,33, 100m: 01:11,23 (00:36,90), 150m: 01:57,96 (00:46,73), 200m: 02:33,99 (00:36,03)						

Year of birth 2004-2007

2. Grabowski, Julia	2004	AUT	SU Neusiedl	02:51,64	+14.25	397
RT +0.83 50m: 00:37,42, 100m: 01:25,38 (00:47,96), 150m: 02:12,95 (00:47,57), 200m: 02:51,64 (00:38,69)						